

# Rice & Beans

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## Ingredients:

- 1 Cup Finely Chopped Cauliflower
- 1 Cup Finely Chopped Bell Peppers (any color combo)
- ½ Tsp Garlic Powder
- ¼ Tsp Sea Salt
- ½ Cup Low Sodium, Fat-Free Chicken Broth
- 1 IP Vegetable Chili Mix
- Fresh Cilantro (optional)

## Directions:

1. Cook cauliflower in a pan with broth, until the broth is almost absorbed and the cauliflower is tender.
2. Mix in the chopped bell peppers, salt, garlic powder, and a pinch of cilantro.
3. Add IP Vegetable Chili Mix (do not add water to prepare as normal)
4. Cook for about 3-5 minutes, stirring constantly, until cauliflower looks dry like rice.
5. Enjoy!

