

Ideal Protein Crackers

Ingredients:

- *IP Crispy Cereal Packet(Chopped)*
- *¼ tsp garlic powder*
- *Pinch of dry chives*
- *¼ tsp sea salt*
- *1 pinch of baking soda*
- *¼ tsp sage powder*
- *1.5 oz. water*
- *1 tsp olive oil*

Directions:

1. *Preheat oven to 350° F.*
2. *While oven is preheating mix all ingredients in a bowl.*
3. *Pour the mixture on to a pan covered in aluminum foil, spray with non-stick spray before.*
4. *Bake in the oven for 15.*
5. *Cut into cracker size pieces, flip over and bake for 5 more minutes.*
6. *Cool and enjoy!*

