



2 small Turnips (grated)  
1 IP Broccoli Cheese Soup  
2 Eggs & 2 Egg Whites  
5 oz Lean Turkey Breakfast Sausage  
Garlic, Onion Powder, S/P

Spray muffin pan with Pam. Press grated turnip into bottom of 8 X 8 pan, spray top w/Pam. Bake til crispy. Cook sausage - drain. Top crust w/sausage. In your shaker, mix your broccoli soup packet w/4.5oz of water. Add desired seasonings and shake again. Beat eggs and add to soup mix. Whisk til combined. Pour over crust. Cook at 350 degrees for 30 min. Serves 2