

# Ideal Protein Asian Pasta Salad

## Ingredients:

- 1 cup chopped broccoli
- ½ cup chopped red cabbage
- ¼ cup chopped red onion
- ¼ cup mild chopped pepper
- 1 cooked, rinsed, and drained Ideal protein rotini packet
- 1 tbsp. tamari sauce
- 2 tsp. olive oil
- 1 tsp. chili paste

## Directions:

Mix all ingredients and serve chilled.

## Servings:

- 1 IP packet
- 2 cups of veggies
- 2 tsp. olive oil

